



Why change your helmet every five years?

The WRS promotes helmet replacement every five years. Consider these facts from the Snell Memorial Foundation and Helmet Manufacturers:

Why should you replace your helmet every five years?

The five-year replacement recommendation is based on a consensus from the helmet manufacturers and the Snell Memorial Foundation. Glues, resins and other materials used in helmet production can affect liner materials. Hair oils, body fluids and cosmetics, as well as normal wear and tear, all contribute to helmet degradation.

Petroleum-based products present in cleaners, paints, fuels and other commonly encountered materials may also degrade materials used in many helmets, possibly degrading performance.

Additionally, experience indicates there will be a noticeable improvement in the protective characteristics of helmets over a five-year period due to advances in materials, designs, production methods and regulatory standards.

The recommendation for five-year helmet replacement is a judgment call stemming from a prudent safety philosophy.

If your helmet does not fit correctly (too loose or tight), replace it immediately.